



Self Love Lesson Plan

Need for activity:

Printable "self love poem" worksheet, pencil, markers, or colored pencils.

Introduction:

Introduce the lesson. Whoever the adult is overseeing this lesson with the child will begin activity with activity example (self love poem). The example will start the activity and prepare the child for what's to come with the activity. Adult will print out the "self love poem" worksheet below, fill in the answers, and present to child. It's great to explain the meaning of self love to let the child know what it means if they do not know.

Activity:

Now it's time to start activity! The child will work individually. Provide the child with the self love poem worksheet (attached below). Child will need to come up with what they love about themselves and add to worksheet. It's important to allow the child to come with their own answers, encouraging to work alone. The adult should be available for help when needed. Once the child is done they can draw and color on worksheet.

Conclusion:

Once the child is done with their self love poem come together and encourage the child to share their poem. If the child doesn't want to share their poem, it would be best for an adult or someone else to read it for them. Talk about the why the child chose their answers. praise the child for finishing and allowing to do the self love worksheet.

Overview and Purpose:

The child will learn how to create a poem from their own creativity. The activity teaches the child literacy, phonics, writing, and self love.

